

## Dance Is Full Of Action, Magic, Adventure and Surprises But It's Up To You To Make It Exciting

Dance uses many different kinds of music such as jazz, ragtime, classical, rock, etc. Some of the music you will have heard before and recognize. In addition, you may be introduced to music you may not have heard before and discover that you like it very much.

Dance is about movement and you will see the human body perform some incredible moves from turns to leaps and lifts which can be exciting, spell-binding and even magical. It challenges the human's physical limits. You will also see movement which makes you laugh and others which are tender and even sad. It is the movement of the dancers that creates the mood and tells the story.

Because dance generally does not use words to tell a story, you have the opportunity to let your imagination fill in the details, making the story your own. You are free to imagine whatever you want.

Going to the ballet allows you to escape from everyday life for a short period of time. It allows you to free your mind, to go to a place you might never have gone. For a brief time you can escape the trap of believing only that which you can prove. This is a place where anything is possible and your imagination can make it happen.

The technology behind a ballet performance demonstrates the incredible magic created by human creativity through the coordinated use of lighting, sound, sets and many other theatrical elements which allow the audience to go beyond reality and help bring the performance to life. A dance performance is not just about the movement. It is about many arts forms working together.

Just as important, it is also about you and what you allow yourself to put into it. Ballet can inspire you to challenge your own physical and creative limits by freeing your mind and inviting you to explore new territory and finding a way to express it. The real magic is what you allow your imagination to contribute.