

## Like going to an art gallery

Going to a YOU dance performance is like going to an art gallery. It's an opportunity to see many different things, some of which will be of more interest to you than others.

When you attend a YOU dance performance you will see excerpts from full length ballets plus an urban dance work and very funny dance. This is not unlike going to an art gallery where you can view a variety of paintings or sculptures by several different painters in a variety of styles. They both give you the opportunity to view works of art from different periods, styles and artists.

If you are a regular visitor to art galleries you probably will have a few favourite paintings which you look forward to seeing over and over again so you make sure to reserve time to visit these old friends. During the same visit you might look at the new exhibits which will introduce you to other artists. You might like some very much while others are just okay and there may even be a few that you really don't care for at all.

The same applies to attending a ballet performance featuring a variety of works on the same program. You will probably like some of the works while you might find others boring, unable to capture your attention or not to your taste. That's okay. You don't have to like everything.

Some things are an acquired taste. If we add food to the comparison, some people love olives while others hate them. Some, however, learn to like or even love them over a period of time. One's relationship to the arts is much the same whether it is music, theatre, paintings, poetry or dance. Different things speak to us at different times in our lives. What is important is that we keep a mind open to new experiences because someday you just might find something which grabs your attention demanding that you see more and more of it.

