the national ballet of canada in studio

Adult Dance Intensive Beginner Level

	6:45 – 7:30 pm	7:30 – 9:00 pm	9:10 - 9:40 pm
Friday, July 26	Floor Conditioning: Dayton Hill	Ballet Technique: Dayton Hill	Repertoire/ Variations: Dayton Hill

	1:00 – 1:50 pm	2:00 – 3:15 pm	3:30 – 4:30 pm	4:45 - 6:00 pm
Saturday, July 27	Pilates	Ballet Technique: Dayton Hill	Repertoire/ Variations: Dayton Hill	Jazz Fun: Josh Nitkin

	1:00 – 2:00 pm	2:00 – 3:15 pm	3:30 – 4:00 pm	4:00 – 5:00 pm	5:15 – 6:00 pm
Sunday, July 28	Floor Barre: Alejandra Valiente	Ballet Technique: Alejandra Valiente	Pirouettes and Jumps: Dayton Hill	Repertoire/ Variations: Dayton Hill	Stretch: Dayton Hill